

# World Mental Health Day 2022

## Department of Psychiatry & Nursing College AIIMS, Bhopal

*10<sup>th</sup> October, 2022 (Monday)*

*Venue: LT4*

### Outline of the Programme

<b>Time</b>	<b>Session</b>	<b>Resource Person</b>
12.00 - 12.05	Welcome of Guests	
12.05 - 12.10	Introduction to World Mental Health Day and ATF AIIMS Bhopal	Prof Dr Vijender Singh
12.10 - 12.15	Address by Dr Mamta Verma, I/c Principal, Nursing College	
12.15 - 12.20	Address by Prof. (Dr.) Manisha Srivastava, Medical Superintendent	
12.20 - 12.25	Address by Prof. (Dr.) Rajesh Malik, Dean (Academic)	
12.25 – 12.30	Address by Special Guest - Ms. Priyanka Das, MD NHM	
12.30 - 12.35	Address by Guest of Honour- Dr Sudam Khade, Health Commissioner, Govt. of Madhya Pradesh	
12.35 - 12.40	Address by Chief Guest Prof. (Dr.) Ajai Singh, Executive Director & CEO, AIIMS Bhopal	
12.45 - 12.50	Inauguration of ATF AIIMS Bhopal at PHC Misrod (Virtually)	
Vote of Thanks		
High Tea		
13.10 – 14.10	Gate Keeper Training Workshop	Dr Snehil Gupta, Dr Tamonud Modak, Dr Jyotsna Jain

## CONCEPT NOTE

### **Theme: Make Mental health & Well-being for all a Global priority**

Whilst the COVID-19 pandemic has, and continues to, take its toll on our mental health, the ability to reconnect through World Mental Health Day 2022 will provide us an opportunity to re-kindle our efforts to protect and improve mental health.

The COVID-19 pandemic has created a global crisis for mental health, fueling short- and long-term stresses and undermining the mental health of millions. Estimates put the rise in both anxiety and depressive disorders at more than 25% during the first year of the pandemic. At the same time, mental health services have been severely disrupted and the treatment gap for mental health conditions has widened.

We must focus on the value and commitment we give to mental health as individuals, communities and governments and match that value with more commitment, engagement and investment by all stakeholders, across all sectors. We must strengthen mental health care so that the full spectrum of mental health needs is met through a community-based network of accessible, affordable and quality services and supports.

We can all play our part in increasing awareness on which preventive mental health interventions work and World Mental Health Day is an opportunity to do that collectively. We envision a world in which mental health is valued, promoted and protected; where everyone has an equal opportunity to enjoy mental health and to exercise their human rights; and where everyone can access the mental health care they need.

This will be an opportunity for people with mental health conditions, advocates, governments, employers, employees and other stakeholders to come together to recognize progress in this field and to be vocal about what we need to do to ensure “**Mental Health & Well-Being becomes a Global Priority for all**”.