



ALL INDIA INSTITUTE OF MEDICAL SCIENCES BHOPAL



**“SELF RELIANT INDIA THROUGH DEVOTION
TO DUTY”**



22nd MARCH 2022

Conducted By

BRAHMAKUMARIS

Organised By

DEPARTMENT OF AYUSH, NEUROLOGY & PHYSIOLOGY

In Association with FAAB



Under the Patronship of **Prof. Dr. Nitin Nagarkar**, Director & CEO, AIIMS Bhopal



With the Guidance and Support from



Prof. (Dr.) Rajesh Malik,
Dean (Academics)



Prof. (Dr.) Manisha Shrivastava,
Medical Superintendent

SPEAKERS



Dr Hina Mukadam

Administrator,
Navjeevan Hospital,
Gwalior.



Dr Reena Tomar

Associate Professor & Consultant,
Department of Pathology, MAMC & LNH
New Delhi.

Topic: Compassion

SCHEDULE

DATE	TIME	TOPIC	SPEAKERS	VENUE
22-03-2022	2.30-3.00pm	Inauguration and opening remarks	Dignitaries	LT-4 2nd Floor Academic Block Medical College Building, AIIMS, Bhopal
	3.00-3.10pm	Ice breaker	Dr Reena Tomar and Dr Hina Mukadam	
	3.10 -3.20pm	Introduction of compassion		
	3.20-3.35pm	Compassion in action		
	3.35-4.05 pm	Compassionate listening		
	4.05-.4.15pm	Meditation on compassion		
	4.15-4.45pm	Understanding and breathing out anger		
	4.45-4.55pm	Meditation on forgiveness		
	5pm	Closure-Vote of Thanks		