

Report of Foundation course organized during 8-31 August 2014 for MBBS I Year 2014-15

As per the recommendations of Academic committee of AIIMS Bhopal, foundation course for first year medical students of 2014 batch held during 8-31 August 14 with following objectives:
Foundation course for MBBS 2014-15

Foundation course of four weeks duration has been mandated by Academic committee of AIIMS Bhopal. The objectives of the foundation course are:

- A) To sensitize students towards various aspects of medical education that form foundation for a successful medical career which include:

Ethical issues in medical practice, concepts of health, disease, environment and comprehensive overview of our healthcare delivery system, Familiarization with functioning of our health care system, Objectives of MBBS Course and modes and methods of assessment, Time management, stress management, teaching and learning techniques, Common psychosocial issues and stress encountered by medical students and how to cope, Importance of proper communication developing communication skills in medical practice, Teach basic life support techniques to medical students, Evolution of medical knowledge over time, Online resources & use of library, Research - need of finding creative solutions for medical problems and familiarize them on why and how to do research, General concepts of biological hazards and their prevention, Indian system of Medicine, Language skills, Leading a healthy lifestyle, Importance of Balanced nutrition and how it influences health, Basic medical sciences

- B) Provide platform to develop camaraderie and discover talents of students by engagement in sports, debate, and other co-curricular activities.

No.	Title of the Activities/events	Highlight of the event
1	Guest lectures	expectations of society from medical professionals – By Mrs Kakoli Roy , Clinical psychologist, Member Ethics committee BMHRC Bhopal
		Indian system of medicine and Homeopathy – By Dr NishanthNambison, Govt Homeopathic Medical College Bhopal
2	Lectures	Value of Professionalism and Ethics in Medicine
		Health and Disease
		Health care Delivery system
		Environmental issues related to health
		Overview of MBBS course
		Assessment and evaluation
		Psyco-social issues and stress management in medical students
		Communication skills
		Doctor patient communication
		History of Medicine and Evolution of medical knowledge
		Online resources and e- learning in medicine\
		Why Research?
		Bio hazards & safety measures
		How to lead a healthy lifestyle
		Nutrition and health
		Value of Professionalism and Ethics in Medicine
3	Visits	Orientation to basic medical sciences
		Community visit- Urban Health Centre
		Community visit- Primary health centre
		Telemedicine centre AIIMS Bhopal
4	Group activities	4 Hospital rotations – observer ship to different OPDs
		Learning techniques and time management in Professional course
		Group work on communication skills
		Basic life support skills
		Digital learning
		Use of library
		How to do research – STS projects
		Framework for leadership, Hands on training in good laboratory practices
Social, public health messages		
5	Co- curricular	Essay competition - Appropriateness of current system of admission to medical institutes and suggestions for reforms.
		Debate competition – English debate - Brain Drain is rather mutual gain in a globalized society.
		Hindi Debate: Bharat kibhashaivividhtakekaranvyavasayikshiksahmeinangrezhimadhya m hi vyavharikhai.
		Sports day – Table tennis- Men/ Women singles and doubles

Guest Lecture on AYUSH during foundation course





Students presenting their views on communication skills

Sport is an integral part of professional education



Busy in a group task on writing public health messages